# **Blue Week for Autism**

### Website Overview:

Note: You can use the buttons on each page to navigate the site or the home bar along the top of the webpage.

#### <u>Home page –</u>

Click the arrow to move to the bottom of the page to begin teaching (you can read straight from the site). There is a link at the bottom for the teacher's page with background information for you.

## <u>About Page –</u>

This page can be read to the students. After reading the information move to the activities page. The activities are designed to move from the top of the list to the bottom.

## <u>Autism Awareness Ribbon –</u>

Print the Autism awareness ribbon from the teacher page. Instructions for this activity are on the webpage.

## Sensory Processing Part 1-

What is it like to have autism? – Before moving to part 2, move to the back of the room while students are working or talking and drop a large book on the floor or make a sudden noise.

## Sensory Processing Part 2-

While you are talking have an assistant flick the light switch on and off repeatedly (keep in mind any medical issues before completing this task).

### Sensory Processing Part 3-

Read part 3 from the webpage. Ask your assistant to stop flicking the switch as required.

# Sensory Processing Part 4-

Read webpage – elaborate if desired. Before turning to part 5, play some music on the radio or CD very loudly while you are trying to talk about something – i.e. your elaboration on eye contact.

# Sensory Processing Part 5-

Page 5 activity – Make a very short task that students would be unable to finish in approximately 30 seconds, such as mathematics – subtraction. Follow the rules on the board for the activity and then discuss.

# Sensory Processing Optional Activity-

Tactile activity – required #x boxes (i.e. shoe boxes). Place #x items in the boxes that may feel strange to touch, i.e. slime or food etc. (keep medical issues in mind). Students take it in turns to feel the items and guess what they are without being able to see them. Discuss.

# <u>Story time –</u>

Pause the story slideshow and read the side bar before beginning the story. Once the story is complete move onto the Red Beast activity.

### Red beast activity -

Complete the discussion activity and move on to the next activity.

## How are we alike? -

Read page and complete activity in order before moving to next activity.

# How can I help? -

Read the page and complete the activity – you may like to elaborate on this by doing a physical brainstorm or creating artworks etc.

# <u> Final Video –</u>

Note: This is a book sample (American), which is from the viewpoint of a child with autism. A good overview for the content covered. Stop at 4:59 to avoid sale of book talk.

## **Teachers page:**

Contains a variety of tip sheets and strategies to use for planning work for children with autism. There are a variety of cool down strategies as well as ideas for classroom planning on the drop down link (also accessible from the teachers page).

Happy Learning! Shay